



8 天古迹之旅

Journey to Antiquities

8 天 | 5 导览 | 3 个国家

8 Days | 5 Guided Tours | 3 Countries

部分行程会有不同



Day 1 — Rome (Civitavecchia), Italy 意大利 罗马 (奇维塔韦基亚)

登上您的船，安顿好您的客舱。几个世纪以来，罗马统治了欧洲大部分地区，凭借皇帝的权力建立了庞大的帝国。这座城市的街道上蕴藏着 2500 多年的历史。古老的建筑让人回想起那些令人兴奋的日子，当时 80,000 名观众在罗马斗兽场欢呼雀跃，市民在广场上交流，参议员在万神殿向众神祈求指引。与梵蒂冈和圣彼得大教堂一样，意大利这个富饶的地方是世界上最伟大的历史和文明宝库之一。

Embark your ship and settle into your stateroom. For centuries, Rome ruled much of Europe, building a vast empire from the power of emperors. More than 2,500 years of history live in the city's streets. Ancient structures recall those heady days when the cheers of 80,000 spectators roared from the Colosseum, citizens mingled in the Forum and senators asked the gods for guidance at the Pantheon. Along with the Vatican and St. Peter's Basilica, this rich pocket of Italy is one of the world's greatest repositories of history and civilization.

Day 2 — Naples, Italy 意大利那不勒斯

那不勒斯拥有悠久的历史，位于迷人的海滨，以披萨闻名。这座城市长期以来一直是意大利文化的主要中心，并曾是强大独立王国的首都，统治时间长达 500 年。它的影响力如此之大，以至于吸引了该地区最优秀的建筑师和艺术家。在宏伟的平民表决广场（宏伟而宽阔的公共广场）上，圣弗朗西斯科·迪·保罗教堂拥有柱廊式外观，让人想起罗马的万神殿，皇宫俯瞰着那不勒斯人，壁龛中矗立着那不勒斯所有国王的雕像。

Naples boasts a long history in a stunning seaside setting and is known mostly for its pizza. The city has long been a major center of Italian culture and was the seat of a powerful independent kingdom for 500 years. So great was its sway

that it lured the region' s finest architects and artists. In the grand Piazza del Plebiscito, the grand and sweeping public square, the San Francesco di Paola Church flaunts a colonnaded facade reminiscent of the Pantheon in Rome, and the Royal Palace overlooks Neapolitans with statues of all the kings of Naples peering out from alcoves.

岸上觀光：風景秀麗的那不勒斯、披薩和廣場、龐貝古城：美麗與廢墟之城、古赫庫蘭尼姆、維蘇威火山 4x4 之旅、索倫拖和龐貝、龐貝和披薩、那不勒斯，上與下：徒步之旅、廚房餐桌、卡塞塔王宮、那不勒斯徒步旅行、意大利裡維埃拉的陸地和海洋、索倫拖和檸檬酒、索倫拖和馬蘇裡拉、那不勒斯亮點、美麗的卡普裡島

Shore Excursions: SCENIC NAPLES、PIZZA & PIAZZAS、POMPEII: CITY OF BEAUTY & RUIN、ANCIENT HERCULANEUM、VESUVIUS 4X4 JOURNEY、SORRENTO & POMPEII、POMPEII & PIZZA、NAPLES, ABOVE & BELOW: A WALKING TOUR、THE KITCHEN TABLE、ROYAL PALACE OF CASERTA、NEAPOLITAN HIKE、ITALIAN RIVIERA BY LAND & SEA、SORRENTO & LIMONCELLO、SORRENTO & MOZZARELLA、NAPLES HIGHLIGHTS、BEAUTIFUL

Day 3 — Sicily (Messina), Italy 意大利西西里岛 (墨西拿)

西西里岛曾受到无数文明的影响，从希腊到拜占庭再到罗马。17 世纪，当它被西班牙统治时，它被誉为欧洲十大城市之一。它四周群山起伏，遍布柑橘、橄榄树和葡萄园。二战期间，墨西拿是美国将军巴顿和英国陆军元帅蒙哥马利之间非正式的“墨西拿竞赛”的目的地。最终，巴顿比他的英国战友早几个小时到达，并因夺取西西里岛而获得荣誉。

Sicily has been shaped by countless civilizations, from Greek to Byzantine to Roman. When it fell under Spain' s purview in the 17th century, it was celebrated as one of Europe' s ten great cities. Surrounded by undulating

mountains, orange and olive groves and vineyards are plentiful. During World War II, Messina was the destination of the unofficial “Race to Messina” between US General Patton and British Field Marshall Montgomery. In the end, Patton arrived just hours before his British comrade, receiving credit for securing Sicily.

岸上觀光：墨西拿及其寶藏、迷人的陶爾米納、米拉佐及其城堡、廷達裡古城、陶爾米納之旅、埃特納火山和陶爾米納、埃特納火山 4x4 探險之旅、穿越西西里鄉村的騎行之旅、廚房餐桌、維拉格蘭德男爵品酒會、穆爾戈酒莊和風景秀麗的鄉村、埃特納火山之巔

Shore Excursions: MESSINA & ITS TREASURES、ENCHANTING TAORMINA、MILAZZO & ITS CASTLE、ANCIENT CITY OF TINDARI、TAORMINA ON YOUR OWN、MT. ETNA & TAORMINA、MT. ETNA 4X4 EXPEDITION、A SICILIAN RIDE THROUGH RUSTIC VILLAGES、THE KITCHEN TABLE、BARONE DI VILLAGRANDE WINE TASTING、MURGO WINERY & SCENIC COUNTRYSIDE、ON TOP OF MT. ETNA

Day 4 — Sail the Ionian Sea 航行爱奥尼亚海

航行至亚得里亚海，意大利靴底和阿尔巴尼亚与希腊西海岸是其标志。航行途中，您可以探索我们精心布置的图书馆，它位于客厅的私人角落，您可以从众多图书中进行选择。在主泳池旁阅读书籍，主泳池配有可伸缩屋顶，无论天气如何，这里都是一片宁静的绿洲，全年都可以游泳。

Sail the gateway to the Adriatic, marked by the sole of Italy’ s boot and the western coasts of Albania and Greece. As you sail, explore our well-curated Library, tucked in a private alcove of the Living Room, and select from a broad range of titles. Read a book by the Main Pool, a calming oasis in any weather with its retractable roof, allowing for year-round swimming.

Day 5 — Crete (Souda Bay), Greece 希腊克里特岛 (苏达湾)

苏达湾位于克里特岛的阿克罗蒂里半岛和德拉帕诺角之间，风景如画。历史悠久的防御工事是威尼斯帝国统治时期岛屿的遗迹，在长湾入口处迎接船只，这里是地中海最深的天然港口之一。除此之外，克里特岛还拥有宽阔的海滩、高耸的山脉和奔腾的河流。这里也是独特的 *mantinades*（用克里特乐器伴奏的爱情对句）的所在地，顾客们可以在许多咖啡馆里品尝 *tsikoudia*，这是一种在山上蒸馏的葡萄白兰地。

Souda Bay enjoys a picturesque setting between Crete's Akrotiri Peninsula and Cape Drapano. Historic fortifications, vestiges from the island's days under the Venetian Empire, greet ships at the mouth of the long bay, one of the deepest natural harbors in the Mediterranean. Beyond, the island of Crete is blessed with generous beaches, soaring mountains and coursing rivers. It is also where the distinct *mantinades*—couplets of love accompanied by Cretan instruments—could break out at any number of cafés where patrons sip *tsikoudia*, a grape-based brandy distilled in the hills.

岸上觀光：徒步遊覽哈尼亞風景、克諾索斯宮、Terra Creta 橄欖油和 Dourakis 酒莊、阿基亞特裡亞達修道院和哈尼亞老城區、阿爾卡季修道院和雷西姆農老城區、徒步遊覽伊姆佈羅斯峽谷、阿普特拉和克裡特哈尼亞、徒步遊覽帕特索斯峽谷

Shore Excursions: SCENIC CHANIA BY FOOT、THE PALACE OF KNOSSOS、TERRA CRETA OLIVE OIL & DOURAKIS WINERY、AGIA TRIADA MONASTERY & CHANIA OLD TOWN、ARKADI MONASTERY & RETHYMNON OLD TOWN、IMBROS GORGE BY FOOT、APTERA & CRETAN CHANIA、PATSO'S GORGE BY FOOT

Day 6 — Ephesus (Kuşadası), Turkey 土耳其以弗所 (库萨达斯)

以弗所是古代保存最完好的城市之一，它为人们提供了了解古人生活的独特视角。以弗所
是古代世界最大的都市之一，许多遗址自那时起就一直存在。发掘工作可追溯到公元前
10 世纪，当时这座城市拥有古代世界七大奇迹之一——阿耳忒弥斯神庙。如今，以弗所
仍然充满奇迹：高耸的塞尔苏斯图书馆、曾可容纳 25,000 名观众的大型圆形剧场以及装
饰有壁画的住宅。

One of antiquity's best-preserved cities, Ephesus offers an unparalleled look
into the lives of the ancients. Many of its ruins have endured from the time
Ephesus was one of the largest metropolises of the ancient world. Excavations
reach back to the 10th century BC, when this city hosted one of the Seven
Wonders of the Ancient World—the Temple of Artemis. Today, Ephesus is still
full of wonders: the towering facade of the Library of Celsus, the massive
amphitheater that once sat 25,000 spectators and residences adorned with
frescoes.

岸上觀光：古代以弗所、古羅馬精英的居所、古代世界奇跡、回到青銅時代並參觀神諭神
殿、聖經歷史和美麗風景、飛行觀光：空中俯瞰以弗所、廚房餐桌

Shore Excursions: ANCIENT EPHESUS、HOMES OF THE ANCIENT ROMAN ELITE、HOMES OF THE ANCIENT ROMAN ELITE、WONDERS OF THE ANCIENT WORLD、STEP BACK INTO THE BRONZE AGE & VISIT AN ORACLE' S TEMPLE、BIBLICAL HISTORY & BEAUTIFUL VISTAS、FLIGHTSEEING: EPHESUS FROM THE AIR、THE KITCHEN TABLE

Day 7 — Athens (Piraeus), Greece 希腊雅典 (比雷埃夫斯)

雅典被称为“民主的发源地”。雅典的遗产在古希腊的巅峰雅典卫城山顶上显得格外突出。这座露天博物馆是一座令人惊叹的宝库，里面收藏着曾经辉煌的建筑。从 2600 多年前的柱廊帕台农神庙开始，受人尊敬的希腊哲学家如柏拉图和亚里士多德就提出了新的政府理念，并就其在公民生活中的作用与着迷的观众进行了辩论。雅典娜和宙斯的几座神庙也保留了精神生活的遗迹。

Athens has been called the “birthplace of democracy.” Its legacy looms large from atop Acropolis Hill, the pinnacle of ancient Greece. This open air museum is an astonishing repository of once-mighty structures. From its colonnaded Parthenon—more than 2,600 years ago—revered Greek philosophers like Plato and Aristotle formulated new ideas of government and debated its role in civic life to captivated audiences. Remnants of spiritual life are also here in the several temples to Athena and Zeus.

岸上观光：雅典全景和考古博物馆、步行游览雅典卫城和普拉卡区、苏尼翁角、德尔福与神谕、美丽的海岸线和古老的奇迹、新卫城博物馆和普拉卡区、城市中的希腊岛屿氛围和卡内洛普洛斯博物馆、完整的雅典卫城体验、雅典电动自行车之旅、古科林斯和运河、厨房餐桌、雅典卫城和波塞冬神庙、雅典当代艺术、品味雅典、传统希腊烹饪课

Shore Excursions: PANORAMIC ATHENS & ARCHAEOLOGICAL MUSEUM、ACROPOLIS & PLAKA DISTRICT BY FOOT、CAPE SOUNION、DELPHI & THE ORACLE、BEAUTIFUL COASTLINE & ANCIENT WONDERS
、THE NEW ACROPOLIS MUSEUM & PLAKA DISTRICT
、GREEK ISLAND AMBIENCE IN THE CITY & THE KANELLOPOULOS MUSEUM、THE FULL ACROPOLIS EXPERIENCE、ATHENS BY ELECTRIC BIKE、ANCIENT CORINTH & CANAL、THE KITCHEN TABLE、THE ACROPOLIS OF ATHENS & THE TEMPLE OF POSEIDON
、THE CONTEMPORARY ART OF ATHENS、A TASTE OF ATHENS、TRADITIONAL GREEK COOKING CLASS

Day 8 — Athens (Piraeus), Greece 希腊雅典 (比雷埃夫斯)

After breakfast, disembark your ship and journey home.

早餐后，下船回家。