



[Gold] China Tibet 4-day Tour

Product information			
Departure city	Lhasa	Tour No.	LXALXA4
Destination	Lhasa	Way location	Lhasa、Shannan
Travel days	4 Day 3 Night	Transportation	Vehicle
Airport pick-up/drop-off	Airport pick-up Airport drop-off	Currency	USD

Product price	
Single occupancy: \$1539 / Person Including balance: Total amount for all people 1559 Number of rooms:1;The number of tourist:1; Basic price:1 x 1539 = 1539 A. 4-Day Transportation Surcharge:1 x 20 = 20	Double occupancy: \$1199 / Person Including balance: Total amount for all people 2438 Number of rooms:1;The number of tourist:2; Basic price:2 x 1199 = 2398 A. 4-Day Transportation Surcharge:2 x 20 = 40

Departure date
09/01/2025-09/30/2025: Friday 10/09/2025-02/12/2026: Friday 02/22/2026-03/31/2026: Friday Minimum of 4 guests is required to be operated.

Highlights
<ul style="list-style-type: none">Centered in Lhasa, deeply explore iconic sites: Potala Palace, Jokhang Temple, Barkhor Street. Experience Tibet's spiritual essence through its holiest landmarks!

- Witness Yamdrok Lake’s turquoise-green metamorphosis under shifting light, harmonized with Norbulingka’s garden artistry—where nature and culture converse!
- Seamless airport-to-airport coordination. Precision routing maximizes immersion at key sites—zero downtime, full engagement for compact yet rich journeys!
- Unwind in 5-star hotels: premium bedding awaits after daily explorations! Bilingual guides (Chinese/English) ensure barrier-free cultural access!
- Fees cover: Tibet Travel Permit, daily hotel breakfast + 4 lunches/dinners, 4 attraction tickets, and *2 mini oxygen canisters/person*. Passport-ready travelers, depart instantly!

Tibet Plateau Travel Notice:

1. Travelers with severe hypertension, heart disease, respiratory conditions, or elderly guests must consult physicians and cautiously decide on participation.
 2. Prepare altitude sickness medication (e.g., Gao Yuan An, Rhodiola). Carry emergency drugs: cold relief, gastrointestinal pills, Aspirin, Diazepam, headache powder.
 3. Due to extreme dryness, intense sunlight, and UV radiation, bring *UV400 sunglasses, wide-brim hats, SPF50+ sunscreen, lip balm*.
- Significant day-night temperature drops require long sleeves, thermal layers (down jacket/windbreaker).
4. Avoid strenuous exercise; strictly prohibit alcohol/smoking; refrain from bathing on arrival day.
 5. Notify tour staff immediately if feeling unwell—we facilitate medical care per physicians’ orders.
 6. Preserve the ecosystem: No littering. Respect religious customs: No photography/touching Buddha statues in temples.

Join / leave point

Boarding location

Lhasa Konggar International Airport (LXA); Address: 7VVX+CF4, Gonggar County, Shannan, Tibet, China, 850614;

Complimentary Airport Pick-up on the first day of your tour: 14:00 and 20:00. (Please be noticed the listed time refers to the meeting time with our staff after claiming your baggage.)

Drop-off location

Lhasa Konggar International Airport (LXA); Address: 7VVX+CF4, Gonggar County, Shannan, Tibet, China, 850614;

For detailed information, please refer to the last day's itinerary.

Tour introduction

Day 1

Home - Airplane - Lhasa

All day

Airport Pickup Information:

Pickup Airport: Lhasa Gonggar International Airport (LXA)

Free airport pick-up time: 2:00 PM or 8:00 PM (This indicates the departure time from the airport after the guide meets guests).

With eager anticipation, embark on your Tibetan adventure! Prepare your camera to capture breathtaking landscapes and immerse yourself in authentic Tibetan culture. Guests must arrange independent transportation to Lhasa (capital of Tibet Autonomous Region) based on flight schedules. Our staff will greet you at the airport upon arrival and transfer you to the hotel for check-in.

Night

Hotel: Shangri La Hotel Lhasa; similar

Day 2

Lhasa city tour

All day

Lhasa, situated in southwestern China, serves as the political, economic, cultural, scientific, and educational center of Tibet, as well as a sacred site for Tibetan Buddhism. At an elevation of 3,650 meters, Lhasa enjoys over 3,000 hours of annual sunshine, earning its reputation as the "City of Sunshine." Today we visit the Potala Palace atop Mapori Hill (Red Mountain), comprising two main sections: the White Palace where successive Dalai Lamas administered and resided, and the Red Palace housing religious halls and stupa tombs. The White Palace encircling the Red Palace exemplifies Tibet's former theocratic system. Next we explore Jokhang Temple – a

1,300-year-old monastery of supreme significance in Tibetan Buddhism. As Tibet's most splendid extant Tubo-period architecture, it features the region's earliest rammed-earth-and-timber structure and established the prototype for Tibetan monastic layouts. Finally we stroll through Barkhor Street, originally a single pilgrim path encircling Jokhang Temple called the "Holy Path" by Tibetans, now evolved into an expansive traditional quarter surrounding the temple.

Itinerary:

Potala Palace (2 hours) → **Jokhang Temple** (1.5 hours) → **Barkhor Street** (1 hour)

Morning Breakfast

Breakfast Included

Breakfast at the Hotel

Morning

Potala Palace

It was built in the 7th century AD, more than 1,300 years ago. King Songtsen Gampo of Tibet built a nine-story palace with 1,000 rooms in order to marry Princess Wencheng of the Tang Dynasty. The main building is 117 meters high, with a total of 13 floors, including palaces, pagoda halls, Buddhist halls, sutra halls, monks' residences, courtyards, etc. The entire palace has a distinctive Tibetan style. It is majestic and is built on the mountain. It is the winter palace residence of the Dalai Lama of all generations and the political and religious ruling center of Tibet.

Activity time: 2Hour

Afternoon Lunch

Lunch included

Afternoon

Jokhang Temple

The Jokhang Temple combines Tibetan, Tang, Nepalese and Indian architectural styles and has become an eternal model of Tibetan religious architecture. In front of the temple, incense is lingering all day long, with deep impressions on the body and long head, and thousands of butter lamps are always bright, leaving traces of time and pilgrims.

Activity time: 1Hour30Minute

Afternoon

Barkhor Street

Barkhor Street, also known as Bajiao Street located in Lhasa, Tibet. The street is a well known ancient street representing the culture and folk customs of Tibet. While walking on the street, you can experience what life was like in the past, and experience the food and culture of natives to Lhasa. You can view and learn things from traditional dress, and dances, to traditional meals, to the architecture of the town itself, which has been well preserved throughout the years. Barkhor Street is a must-visit location to experience in Lhasa.

Activity time: 1Hour

Night Dinner

Dinner Special

Night

Hotel: Shangri La Hotel Lhasa; similar

Day 3

Lhasa - Vehicle - Yamdrok Yumtso - Vehicle - Lhasa

All day

This morning we visit Norbulingka—the "Jewel Park"—renowned as Tibet's largest, most scenic man-made garden with the richest historical relics. Its architectural philosophy embraces natural topography: elevating terraces on heights, excavating ponds in depressions, prioritizing vistas. Next, journey to Yamdrok Lake, one of Tibet's three sacred lakes. As the largest enclosed freshwater lake on the southern Qinghai-Tibet Plateau, it sits at 4,441 meters elevation with an average depth of 23.6 meters. Its staggering water volume of approximately 16 billion cubic meters ultimately flows into the Yarlung Tsangpo River, nourishing the land. Finally, return to Lhasa.

Itinerary:

Lhasa → Norbulingka (1.5 hrs) → Yamdrok Yumtso (1.5 hrs) → Lhasa

Morning Breakfast

Breakfast Included

Breakfast at the Hotel

Morning

Norbulingka

Norbulingka is a palace and surrounding park in Lhasa, Tibet, which has a lot of relics and treasures remained. As

a huge and exquisite park of Tibet, there are more than 300 rooms in it. Norbulingka has a beautiful scenery surrounded by various types and numbers of plants and flowers, which is like a wondering place of the earth.

Activity time: 1Hour30Minute

Afternoon Lunch

Lunch included

Afternoon Transportation: Driving to Yamdrok Yumtso

Travel distance: 110km Travel time: 2Hour15Minute

Afternoon

Yamdrok Yumtso

Yamdrok Lake, which means "Swan Pond" in Tibetan, is one of the three sacred lakes in Xizang. It is also called Yamdrok Lake (locals usually call it "Yam Lake"), because "co" in Tibetan means "lake". Geographically, it belongs to Langkazi County in Shannan Prefecture. The lake surface is 4,441 meters above sea level, the total length of the lakeshore is 250 kilometers, the total area is 638 square kilometers, and the lake water is 20-40 meters deep. It is the largest inland lake in the northern foothills of the Himalayas. There are many forks in Yamdrok Lake, like coral branches, so it is also called "the upper coral lake" in Tibetan.

Activity time: 1Hour30Minute

Afternoon Transportation: Driving to Lhasa

Travel distance: 120km Travel time: 2Hour20Minute

Night Dinner

Dinner Special

Night

Hotel: Shangri La Hotel Lhasa; similar

Day 4

Lhasa - Airplane - Home

All day

Today concludes your memorable Tibet journey. We will provide transfer service to Lhasa Gonggar International Airport (LXA), where you may depart on a flight scheduled according to your travel plans. Our staff offers only one

morning departure service from the hotel at 7:00. Guests with flights before this time must arrange independent taxi transportation to the airport.

Morning Breakfast

Breakfast Included

Breakfast at the Hotel

Cost Description

Cost includes

1. Transportation (The type of vehicle used will be based on the number of guests attending that day).
2. 3-night accommodation in 5-star hotels.
3. Bilingual driver-guide and service fee.
4. Breakfasts at the hotel + 4 lunches/dinners.
5. Attraction tickets: Potala Palace + Jokhang Temple + Norbulingka (including shuttle) + Yamdrok Lake
6. Tibet Travel Permit fees + 2 mini oxygen canisters per person.

Cost excludes

1. Personal expenses (such as food & beverage, telephone surcharge, etc.).

2. Any expenses are not listed in Fee Included.